



Easy Ways to Make Friends

“Will I make friends?” is perhaps the most common worry that middle schoolers have. The good news is, in middle school, your classes will be mixed and this will expose you to a large variety of potential friends. Go easy on yourself - making friends takes time. So, relax, and keep your eyes out for students who act nicely towards others and who have similar interests as you. Follow the tips below and, in time, you will discover the right friends for you!



Be yourself!



Act friendly towards others.



Smile often.



Don't gossip or post hurtful things online.



Make eye contact and say “Hi!”



Practice good personal hygiene.



Join a club or activity.



Think for yourself.



Stay out of friendship “drama.”



Do your share when working with a group.