

Resources for Middle School Parents and Caregivers

Helpful Books



not much just chillin'
(the hidden lives of middle schoolers)
By - Linda Perlstein



The Rollercoaster Years
(Raising your child through the maddening yet magical middle school years)
By - Charlene Giannetti and Margaret Sagarese



How to Hug a Porcupine
(Negotiating the prickly points of the tween years)
By - Julie Ross

Helpful Websites



www.theparentreport.com



www.schoolfamily.com



www.internetsafety.com



www.cyberangels.org

Local Parenting Center

The Center for Parenting Education

1130 Old York Road, Abington, PA 19001

Phone: 215-576-0586 Web: www.centerforparentingeducation.com